

Carbon Reduction Plan

Business: Mantle Psychology Ltd

Publication date: 15/10/2024

Commitment to achieving Net Zero

Mantle Psychology Ltd is committed to achieving Net Zero emissions by 2035.

Baseline Emissions Footprint

Baseline emissions are a record of the greenhouse gases that have been produced in the past and were produced prior to the introduction of any strategies to reduce emissions. Baseline emissions are the reference point against which emissions reduction can be measured.

Baseline Year: August 2023 to July 2024	
Additional Details relating to the Baseline Emissions calculations.	
<i>We are a new and growing business and had a relatively small level of emissions in our baseline year from our single clinic location in 2023. This our first reporting year and as such our baseline emissions are the same as our first reporting year emissions.</i>	
Baseline year emissions:	
EMISSIONS	TOTAL (tCO₂e)
Scope 1	Natural Gas: 1.6 tCO₂e
Scope 2	Electricity: 0.2 tCO₂e
Scope 3 (Included Sources)	Business Miles: 0.6 tCO₂e Some paper waste and municipal waste, though this is limited as we move to paperless operation
Total Emissions	2.42 tCO₂e

Current Emissions Reporting

Reporting Year: August 2023 to July 2024	
EMISSIONS	TOTAL (tCO₂e)
Scope 1	Natural Gas: 1.6 tCO₂e
Scope 2	Electricity: 0.2 tCO₂e
Scope 3 (Included Sources)	Business Miles: 0.6 tCO₂e Some paper waste and municipal waste, though this is limited as we move to paperless operation

Total Emissions	2.42 tCO₂e
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Carbon Reduction Projects

Completed Carbon Reduction Initiatives

The following environmental management measures and projects have been completed or implemented since the 2023 baseline. The carbon emission reduction achieved by these schemes will be updated in our next performance reporting year :

- Development of our environment and our travel policy to outline how we will minimise emissions.
- Development of online forms to reduce the need for printing and make progress towards our paperless goals.
- Lighting reduction scheme, decommissioning fluorescent tubes and utilising high efficiency LED spotlights.
- Opening our new clinic in Hathersage with high efficiency electrical fittings (such as LED spots), intentionally close to Hathersage train station for public transport access.
- Online appointments for information collection to minimise travel.

In the future we hope to implement further measures such as:

- Online service development. For some parts of our assessments and therapy services (for example collection of information from parents for the assessment of children) we will utilise online appointments to minimise travel.
- Paperless processes. We will develop electronic systems to ensure the contract is completely paperless utilising iPads for form filling in clinic, and electronic forms for remote data collection.
- Green transport. Through our communications with our services users, we will advertise use of public transportation (or walking) as a means to getting to our assessment centre. We will also encourage use of public transportation with staff.
- Green energy, static. At an organisational level we are committed to procuring green electricity and natural gas to support our Net Zero commitment as well as implementing energy efficiency measures.
- Green energy, transport. We will implement a new financial enhanced incentive (through our expenses policy) for staff to travel (business miles) by public transport, or utilising electric vehicles to travel on business to service user locations or meetings.

Declaration and Sign Off

This Carbon Reduction Plan has been completed in accordance with PPN 06/21 and associated guidance and reporting standard for Carbon Reduction Plans.

Emissions have been reported and recorded in accordance with the published reporting standard for Carbon Reduction Plans and the GHG Reporting Protocol corporate standard¹ and uses the appropriate [Government emission conversion factors for greenhouse gas company reporting](#)².

Scope 1 and Scope 2 emissions have been reported in accordance with SECR requirements, and the required subset of Scope 3 emissions have been reported in accordance with the published reporting standard for Carbon Reduction Plans and the Corporate Value Chain (Scope 3) Standard³.

This Carbon Reduction Plan has been reviewed and signed off by the board of directors (or equivalent management body).

Signed on behalf of Mantle Psychology Ltd

A handwritten signature in black ink, appearing to read 'S. Hughes', written in a cursive style.

Samuel Hughes

Managing Director, Mantle Psychology Ltd

Date: 15/10/2024