



held by

MANTLE PSYCHOLOGY



Welcome

Welcome to Mantle Psychology, a company dedicated to providing high-quality care.

Held By is our personalised support service that puts you and your family at the centre. Our dedicated team of clinicians, all with a range of professional experience and expertise, will work collaboratively with you to develop a package of care based on your individual needs.

We look forward to meeting you at one of our clinics across Yorkshire and Derbyshire.

Dr Lucy Hughes
Clinical Director





About Us

Dr Lucy Hughes

DClinPsych, MEd, BA(Hons)
Clinical Psychologist

Dr Catrin Harrap

DEdPsych, BSc(Hons)
Educational Psychologist

Amy McGowan

BSc, PGCE
Specialist Educational Needs Consultant

Clinical Leadership



Our Teams

Speech and Language

ADHD Specialists

Occupational Therapy

Mental Health Therapy

Autism Specialist

Education and Workplace

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about
our
service



Our Vision



We want you to feel held by us, as you are supported through our end-to-end services, oriented around your need. We will innovate and be flexible with our services, delivering bespoke packages with purpose, improving overall quality of life.



Why choose Held by



Access to a range of different clinical professionals

Services when you need them, without the long waiting lists

Continuity of care, so you and your family can access support at any point on your journey

A comfortable and nurturing environment

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our
services



Putting you
at the centre

The First Stage

A Person-centred Evaluation



Individualised Plan

- Learning about yours or your child and your strengths and needs
- Screening for different conditions and services
- Producing a support pathway plan together



Collaborative Approach

- Incorporating yours and your families hopes and necessities
- Providing a clinical opinion and working together in design
- Two way conversation about what is best



Assessing
your needs

Needs-based Assessment



Individual Assessment Plan

Our clinicians will develop an assessment package based on yours or your child's specific needs.

Procedure

Our thorough and comprehensive assessments are NHS and NICE compliant.

Calm Assessment Environment

We believe that assessments should be carried out in a comfortable and nurturing environment.

Standardised Assessment Tools

We use standardised, reliable and comprehensive assessment tools to provide reliable results to help us draw conclusions.

Why It Matters

Specific to your needs

All our assessments will be specific to yours or your child's needs and requirements.

Clear understanding

Our assessments will allow our clinicians to develop a clear understanding of you or your child's strengths and needs.

Accessing the right support

Having a good understanding enables our clinicians to develop an individualised support plan.



Comprehensive
NHS and NICE
compliant
assessments
for Autism
and/or ADHD



Information
and psycho-
education for
families on
autism and
ADHD



Psychotherapy
and coaching
specific to
autism and
ADHD

Support for Autism and ADHD



Our experienced clinicians have a wealth of providing assessments and support for children, young people and adults with autism and/ or ADHD.

We design bespoke services for our neurodivergent clients.



Support for Speech and Language

Our speech and language therapists have a wealth of experience providing assessments and ongoing support for a range of communication difficulties.



Comprehensive
and
standardised
assessments
for speech and
language
difficulties



Information
and psycho-
education for
families on
speech and
language
difficulties



Speech and
language
therapy and
support



A range of different therapeutic models with different practitioners bespoke to your need



Training and psycho-education on mental health with accredited practitioners



Building long term relationships and trust to navigate life

Therapeutic Services



We have a wide range of different therapy practitioners delivering to different models for neurodiverse and neurotypical children and adults



School and Workplace Support



School observations and reports to help identify needs and support EHCP development and review



Educational Psychology and Special Educational Needs assessments



Training and support for transition into schools and the workplace

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case
studies

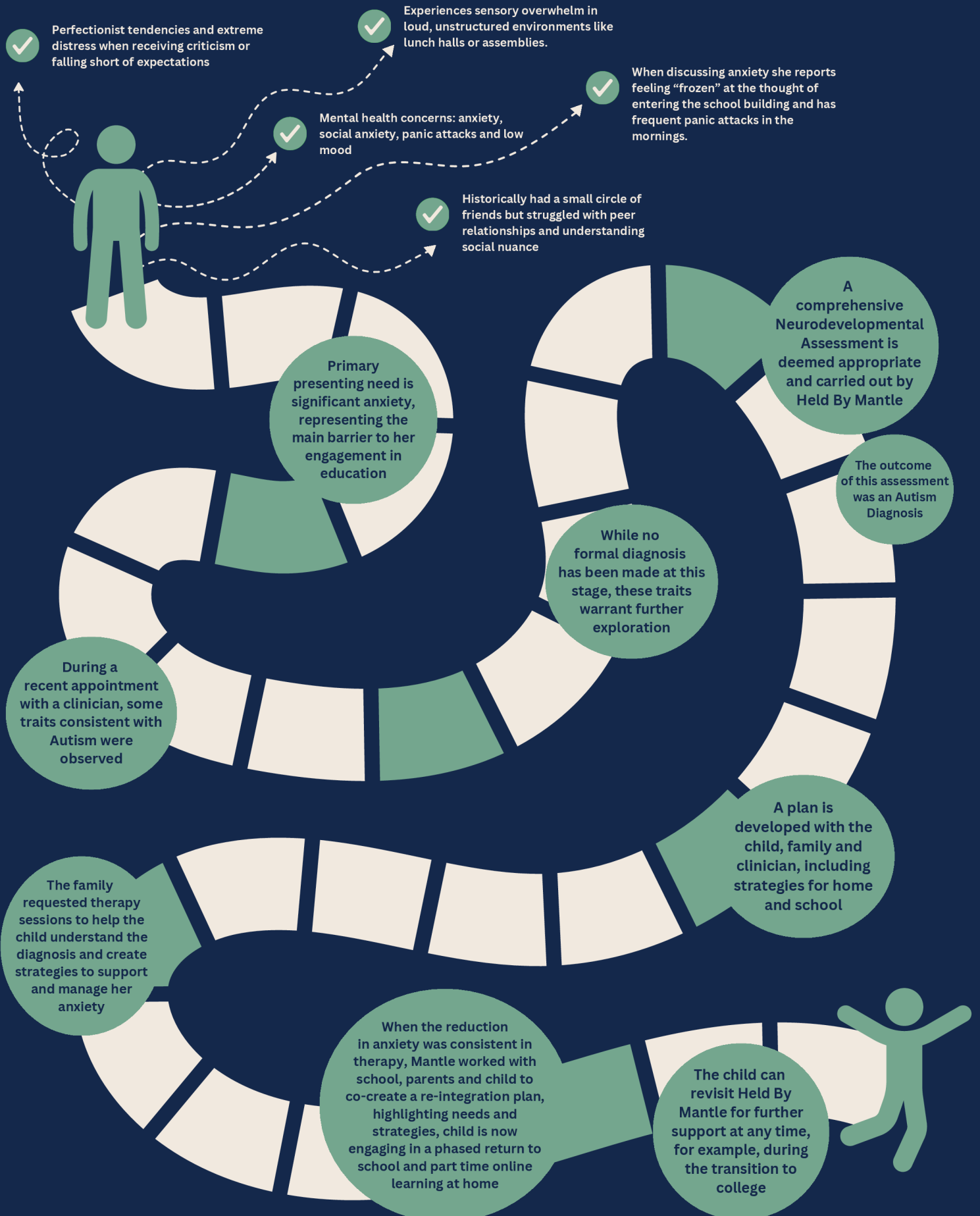
Case Study One

Child A

Female
13 Years Old

Mainstream
High School

High attainer with no
additional needs
identified in Primary
School



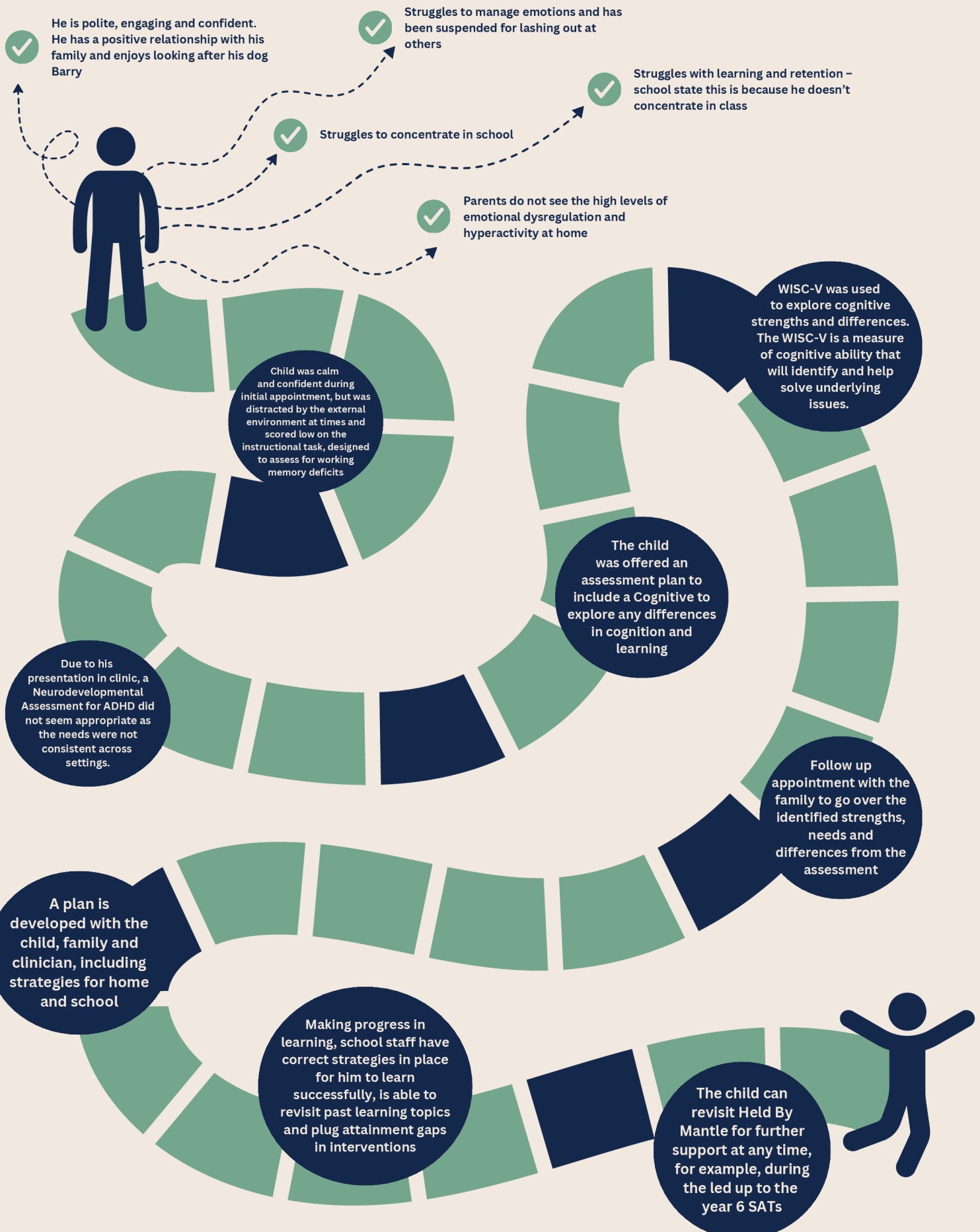
Case Study Two

Child B

Male
8 Years Old

Mainstream
Primary School

Parents requested an
ADHD assessment on
initial point of contact



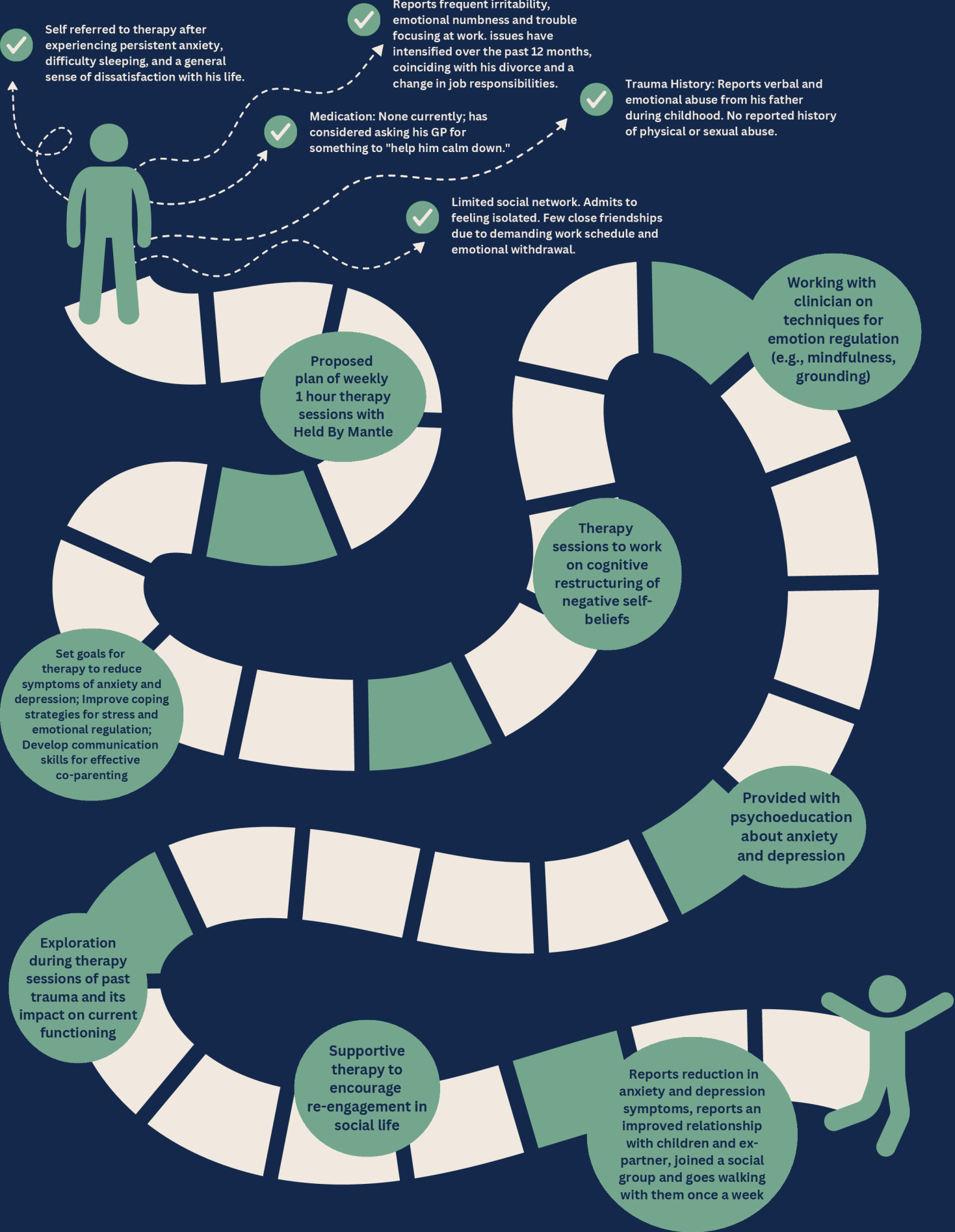
Case Study Three
Adult Male

Male
38 Years Old

IT Project
Manager

Divorced

One Daughter,
Shared Custody





Prices

We will discuss our prices with you during your person-centred evaluation. Our initial fee for this is £120

Needs Based Assessment

Full and comprehensive assessment - ranging from £1600 to £2800. This will be discussed in person during your person-centred evaluation.

This may include:

- Developmental history interview
- School visit (if applicable)
- Submitted information and report review
- Standardised assessments for appropriate conditions (e.g. Autism/ ADHD/ Cognitive)
- Professional meeting and review
- Feedback meeting
- Report and plan

Support / Therapy

From £65/hr to £150/h depending on practitioner and model

Bespoke Packages

For discussion throughout your journey with us



Contact Us

We're here to answer your questions and guide you through the Held By Mantle journey; whether you're a parent, a carer or looking for support for yourself, feel free to reach out to us.



01484 500232



heldby@mantlepsychology.com



www.mantlepsychology.com



/heldbymantle



@heldbymantle

Holmfirth Clinic

The Old Coach House
Daisy Lane
Holmfirth
HD9 1HS

Hathersage Clinic

Unit 8b
Hathersage Business Park
Heather Lane
Hathersage
S32 1DP

