



The Mantle Psychology Neurodevelopmental Assessment Team is a friendly team of multi disciplinary professionals.

We provide thorough and fully comprehensive assessments of neurodevelopmental conditions, such as Autism and Attention Deficit Hyperactivity Disorder.

Who will carry out the assessment?

Our specialist team is made up of Clinical Psychologists, Educational Psychologists, Speech and Language Therapists, Occupational Therapists, ADHD Nurse Specialists and Psychiatrists. It is likely you will only meet a few members of the team. These, will be matched to your specific needs based on the information provided in the pre-assessment questionnaires.

How do I prepare for my assessment?

Having a formal assessment can be a daunting experience however the assessment is really about getting to know you and gaining an understanding of what your needs and difficulties are. All we need from you, is to be as open and honest as possible. If you feel it would be helpful, you can write down anything you think may be relevant and bring that along with you so that you feel you have shared everything you can with us.

What will happen when I arrive to clinic?

One of our team will let you into the building and you will be shown to the waiting room. The practitioners will then come and introduce themselves and talk briefly about the reasons for assessment and what will happen before taking you into the assessment room with them.

Our assessments

We like to get to know our clients well and ensure we have a thorough understanding of their strengths and difficulties. This enables us to provide, at the end of the assessment process, a thorough report and feedback of our conclusions and understanding of that person. The assessment takes place over two separate appointments with involvement from multiple members of our specialist team.



Individual Assessment (Part 1)

It is important for us to get to know you well, we use this appointment to ask lots of questions about your reasons for assessment, background, development, education, family history, career, your strengths and difficulties and differences. We will also speak with you about your current and past mental health.



Individual Assessment (Part 2)

For an Autism assessment, we use tasks that will test your communication and interaction skills.

We interact with you and see how you learn, play, and communicate, and observe your behaviours.

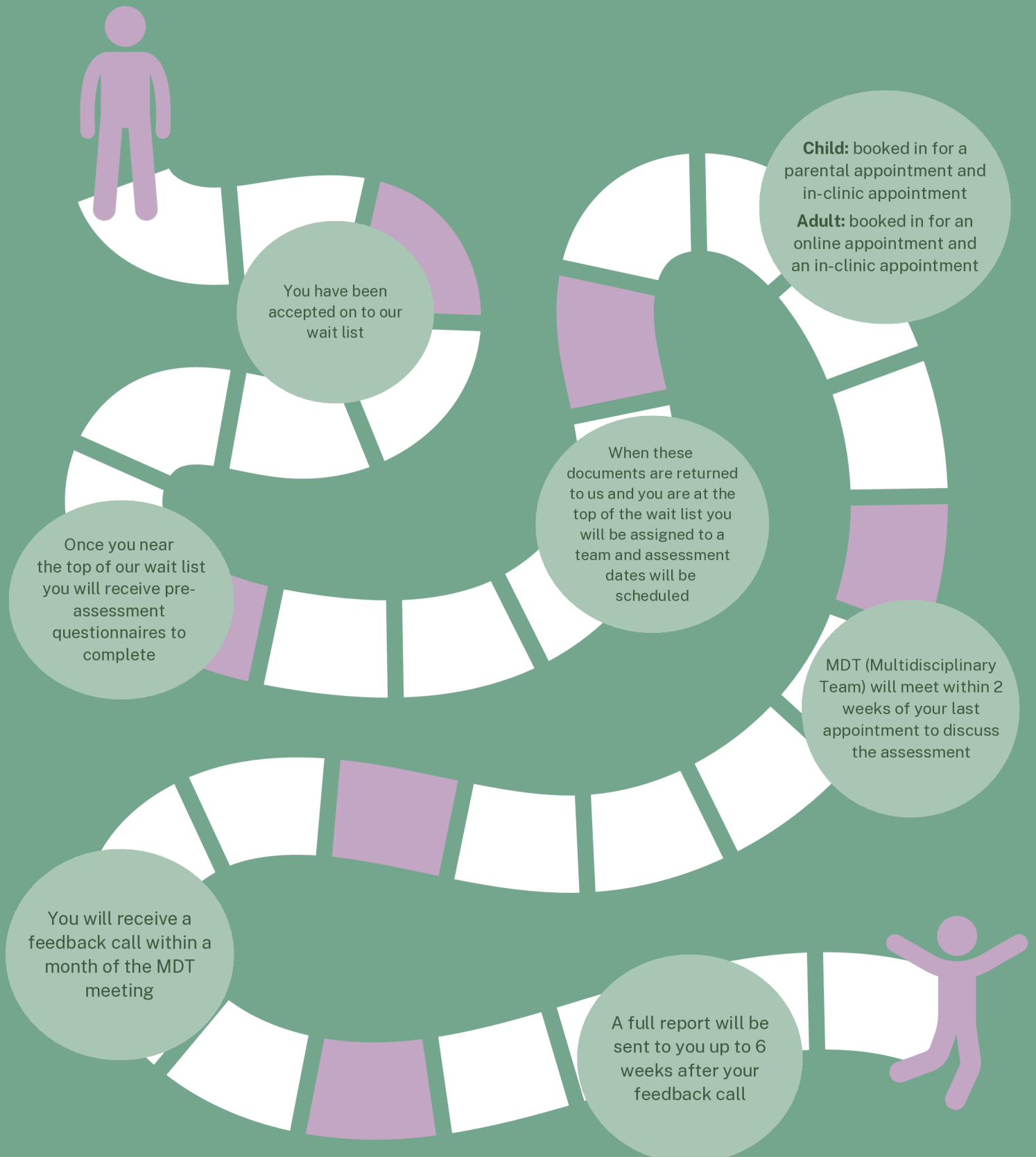
For an ADHD assessment, we ask a series of questions relating to your current symptoms and childhood experiences.



Informant Information

It is important for us to gain an understanding of a parents and/or an informant's views about what they have noticed about you and your differences. We need to gather details about your early childhood, developmental milestones, medical and educational history, social characteristics and traits

Your Assessment Roadmap



What will happen after all appointments are complete?

The professionals meet to discuss all the information they have gathered throughout the assessment and if they have enough information to provide an outcome. It may be decided that we have enough information to provide an outcome or that a further assessment is needed, in which case we will be in contact to provide a date for an additional appointment.

How will I find out the outcome?

Once the team have reached a decision you will be contacted by one of the professionals to deliver the outcome. They will explain their decision and how our clinical conclusions were reached and discuss support available. You will then receive a full written report some time after the outcome. Our reports are thorough and go through rigorous clinical proofing before they can be sent and this does take some time. Therefore we are not able to provide a specific timeframe of when you will receive this.

What happens if I don't receive a diagnosis?

Many people who come for assessments do not receive a diagnosis and we understand that while for some this is a relief, for others this can feel disappointing and difficult to accept. It is worth noting that while a person may appear to have traits or identify with the traits or characteristics consistent with Autism or ADHD, it does not mean that they meet the threshold and criteria required for a diagnosis. Through the assessment we need to identify and determine the causal factors behind your difficulties and also determine that there is no better alternative to better account for these.

The team will where possible offer an alternative explanation for your difficulties. A plan of support and recommendations will be provided whether they receive a diagnosis or not.

What happens if I have further questions?

We do understand that you may have further questions once you have processed the outcome and receive the report. We are more than happy to answer these for you, please contact us and we can book in a follow up call to discuss.

