

The Mantle Psychology Neurodevelopmental Assessment Team are a friendly team of multi disciplinary professionals.

We provide thorough and fully comprehensive assessments of neurodevelopmental conditions, such as Autism and Attention Deficit Hyperactivity Disorder.

Who will carry out the assessment?

The involvement of different specialists helps to make the assessment more accurate, as it allows different aspects of a person's experience and characteristics to be identified to provide the right clinical outcome and a personalised plan of support.

Our specialist team is made up of Clinical Psychologists, Educational Psychologists, Speech and Language Therapists, Occupational Therapists, ADHD Nurse Specialists and Specialist Educational Needs Consultants. All assessments include at least three different professionals who make up the multi-disciplinary team. The range of professionals involved in your assessment will depend on the needs of your child as identified through the pre-assessment questionnaires.

Your child's assessment will be led by one of our Clinical Psychologists who will be able to provide a skilled and careful evaluation of the clinical information to help understand your child's behaviour and needs.

What is the purpose of the assessment?

A referral has been made as your child may have some differences or difficulties. The aim of the assessment is to understand what these are and possible causes. This may be a neurodevelopmental condition, such as autism or ADHD, or may be caused by other conditions or factors. We have different clinicians involved to provide a full in-depth and thorough assessment of your child's needs.



What do I need to do before the assessment?

Please send through all relevant information through to us. This includes any reports, previous assessments, school plans, appointment summary letters. All the clinicians involved will spend time reviewing all the information provided. This can be very helpful in understanding your child's needs. Please send this to office@mantlepsychology.com

What shall I tell my child?

It would be helpful to have a chat with your child about the assessment prior to coming to your appointment and be as honest as you can about what it is for. It is normal for young and parents feel anxious about the assessment. However, please be assured that our team are very experienced and our goal is to get to know your child and we will do our best to help them feel at ease. Our clinic assessments are play and activity based, so often it is a lot of fun!

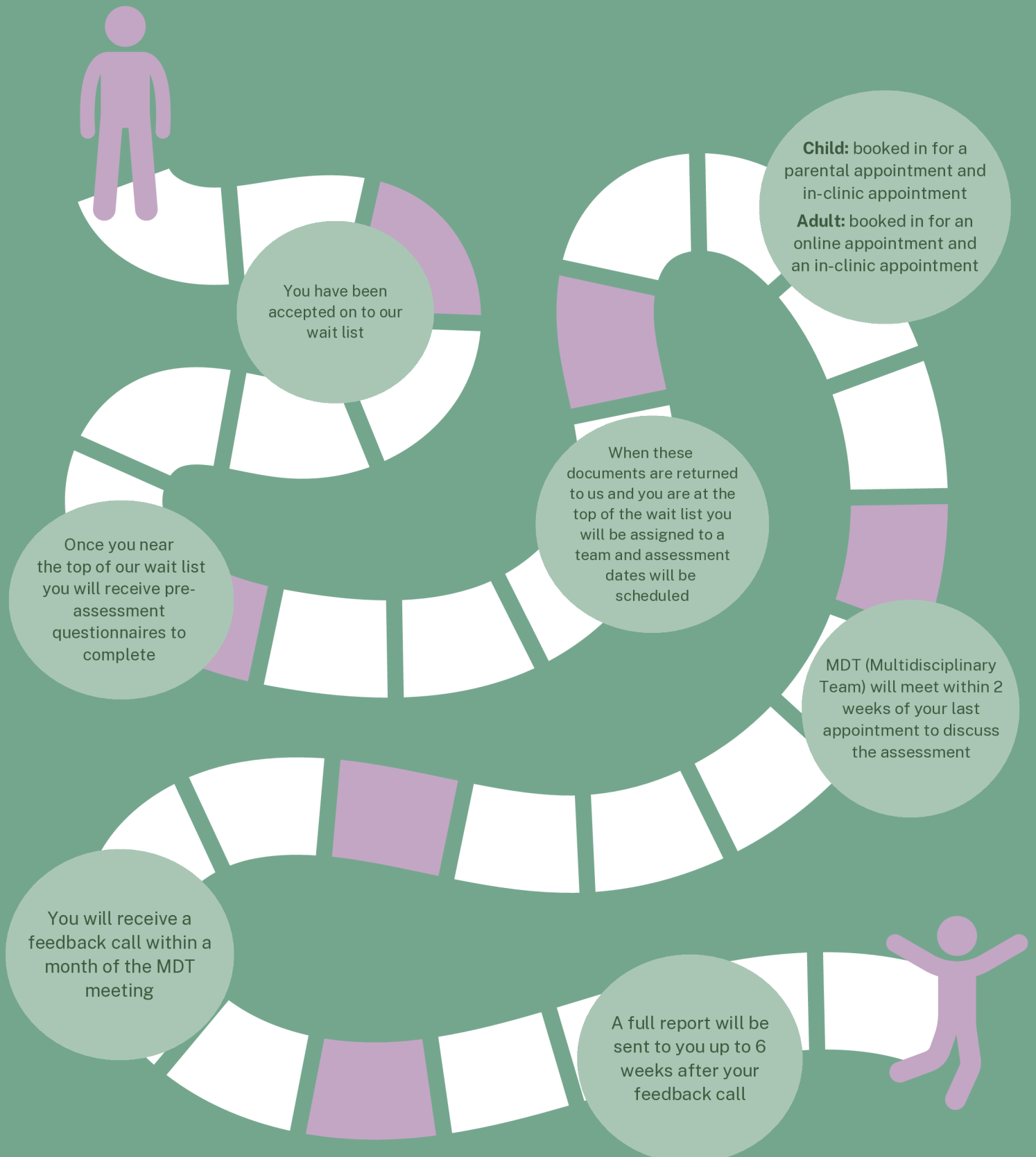
What will happen when we arrive at the clinic appointment?

One of our team will let you into the building and you will be shown to the family waiting area. The practitioners will then come and introduce themselves and talk briefly about the reasons for assessment and what will happen before asking the young person into the assessment room with them. The appointment time can range between 40 - 90 minutes, depending on the individual.

How long will the assessment take?

From your first appointment, you should receive feedback about the results of the assessment within four to six weeks. However, timings provided are only guidance and timings can vary depending on the complexity of the client. To help you track your progress through assessment, view our roadmap on the following page.

Your Assessment Roadmap



What will happen after all appointments are complete?

The professionals meet to discuss all the information they have gathered about your child. If enough information and evidence has been collected then an outcome will be decided. Sometimes the team may feel they need more evidence or information to provide a clinical outcome, in which case, you will be contacted regarding this.

How will I find out the outcome?

Once the team have reached a decision you will be called for feedback. This is a telephone call with one of the professionals involved in the assessment. They will explain the decision and how our clinical conclusions were reached and discuss a plan of support with you. You will receive a full written report some weeks after your feedback call.

What happens if I don't receive a diagnosis?

Many people who come for assessments do not receive a diagnosis, and we understand that while for some this is a relief, for others this can feel disappointing and difficult to accept. It is worth noting that while a person may appear to have traits or identify with the traits or characteristics consistent with autism or ADHD, it does not mean that they meet the threshold and criteria required for a diagnosis, and that there are other causes for these difficulties.

Where possible the team will offer an alternative explanation for your child's needs. You will still be given recommendations and suggestions for where you can access appropriate help and support.

What happens if I have further questions?

We do understand that you may have further questions once you have processed the outcome and receive the report. We are more than happy to answer these for you, please contact us and we can book in a follow up call to discuss.

Our assessments outcomes are the results of extensive review, clinician observation, and discussions by our team. We will, therefore, not be able to discuss any changes to the outcome.

