

held by

MANTLE PSYCHOLOGY

Supporting Children and Families

Welcome

Mantle was founded on a simple belief: that every person and every family deserves compassionate, thoughtful, and reliable care.

Held By is our personalised assessment and support service, created to make sure you never feel alone in navigating your or your child's needs.

Our team of experienced clinicians brings together a wide range of skills and specialisms, but what unites us is our commitment to our company values:

- To offer a personalised and personable package of care for every client. Not a 'one-size-fits-all approach'.
- Support is timely and appropriate,
- That our services are based on the individual needs of our clients.

We look forward to meeting and supporting you and your family at one of our clinics.



Dr Lucy Hughes
Clinical Director



Right Support
Right Time
All in one place



At Held By, we understand that many families struggle to navigate the complex landscape of services and support. Long waiting lists, multiple pathways, and uncertainty about where to begin can make getting help feel overwhelming. Children and young people may have a range of needs, which could be developmental, learning, behavioural, emotional, or mental health, and these needs can change over time.

We're here to make that journey easier.





✓

Accessible and welcoming clinic spaces

✓

Short waiting times for appointments

✓

Continuity of care

✓

Access to a wide range of assessments and support services

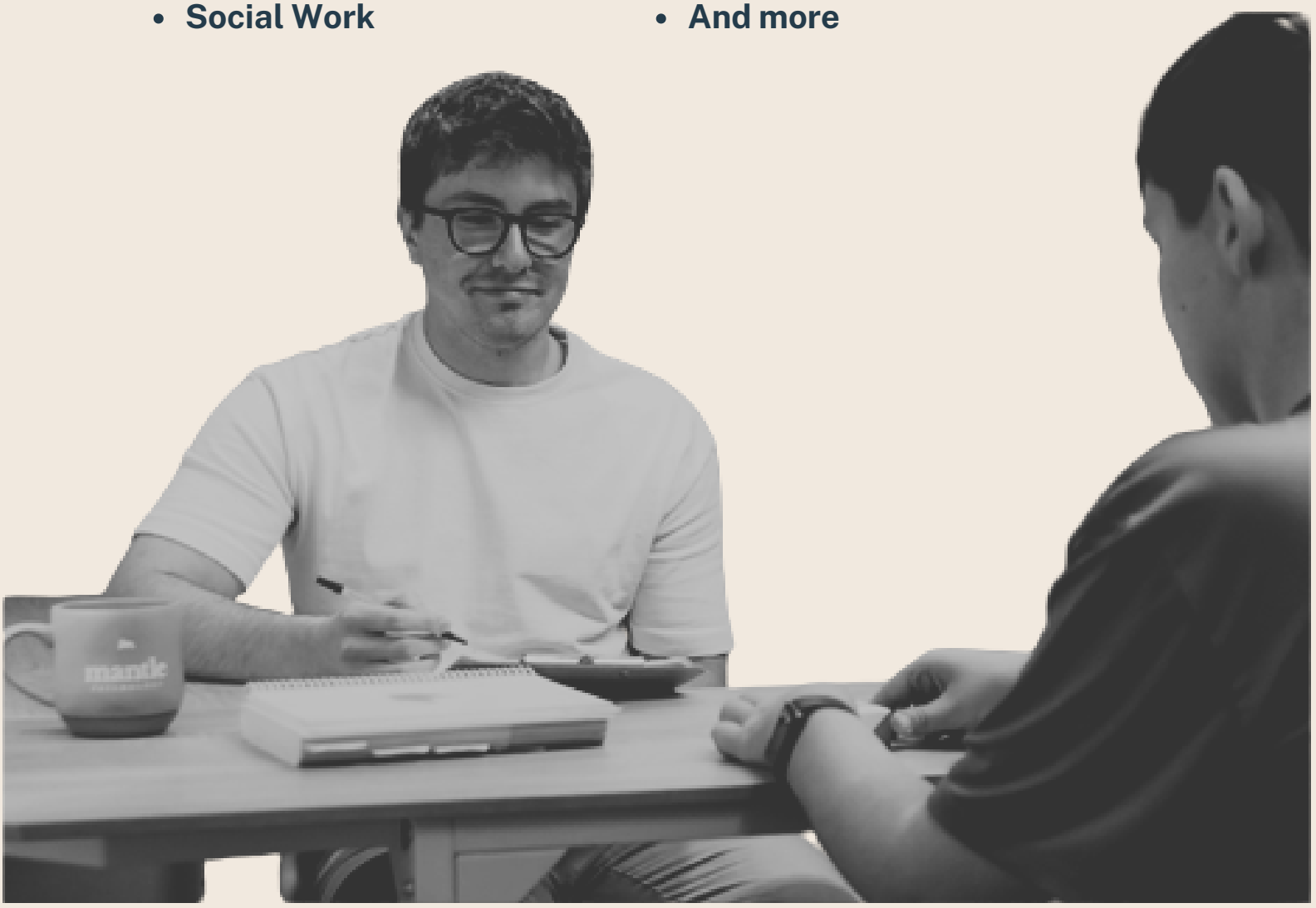
A Range of Services

Held By brings a wide range of professional services together under one roof. Instead of sending families through separate systems or multiple waiting lists, we offer a one-stop approach where everything is connected, coordinated, and designed around your child.

This means you can access the right support at the right time — without the stress of navigating trying to access different services.

You have access to assessments and support from:

- **Clinical Psychology**
- **Educational Psychology**
- **Psychiatry**
- **Psychotherapy**
- **Occupational Therapy**
- **Social Work**
- **Speech and Language Therapy**
- **Specialist Education Consultation**
- **Specialist Nursing**
- **Specialist Teaching**
- **And more**





Joined-Up Care From a Team Who Knows Your Family

Every family that comes to us is paired with a dedicated client manager. They will ensure that you are seen promptly, will liase with the clinician to move your through the service seemlessly, and will answer any of your questions regarding our service.

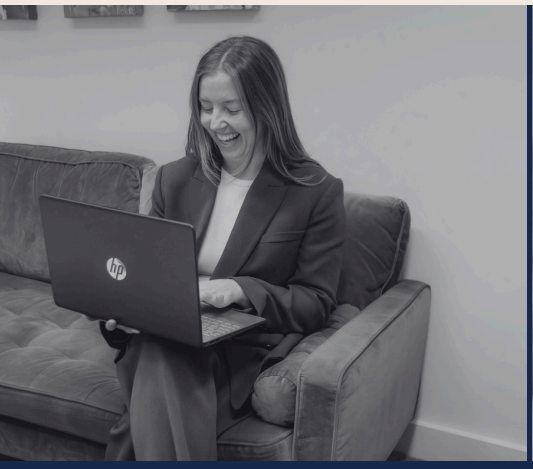
You will also be paired with one of our specialist clinicians. This person will get to know your child, understand your family's story, answer your questions about your child's care, and guide you through the support available.

Because our team works closely together, you won't need to repeat your story to different professionals, and you'll benefit from shared expertise and seamless communication. Our aim is to provide continuity of care and a supportive relationship you can rely on.

We pride ourselves on creating a warm, welcoming, and truly personal experience from the moment you walk through our doors. Our small, homely clinics in quiet locations provide a calm and comfortable space where you and your child can feel at ease.

We take the time to really get to know you, listen to your concerns, and work closely with you to develop the best plan tailored to your goals. With a dedicated clinician supporting you throughout your journey, we ensure continuity of care, so you always feel understood, supported, and confident every step of the way.

What makes us different at Held By Mantle Psychology?







- **Access to a wide range of assessments and support services**
- **Personalised assessments and ongoing support from experienced clinicians, with continuity of care at every stage**
- **A consistent clinician who supports you and your child throughout your journey**
- **Warm, friendly clinics designed to feel calm, comfortable, and welcoming**

your initial appointment



At your initial appointment, you will be warmly welcomed into one of our comfortable, supportive clinic environments. This first meeting is an opportunity for us to listen carefully to your concerns, understand your needs, and begin building a positive relationship with you and your child. Together, we will explore your goals and develop a personalised plan tailored specifically to you or your child's individual needs. It's also a valuable chance for you to get to know our team, and for us to get to know you — so that you feel confident, informed, and supported from the very beginning.





Individualised Plan

- Learning about your child's strengths and needs
- Screening for different conditions to ensure the right service
- Producing a support pathway plan together

Collaborative Approach

- Incorporating your and your family's hopes and goals.
- Providing a clinical opinion while working together to develop the best plan.
- Making decisions together through open, two-way conversations about what matters most to you.

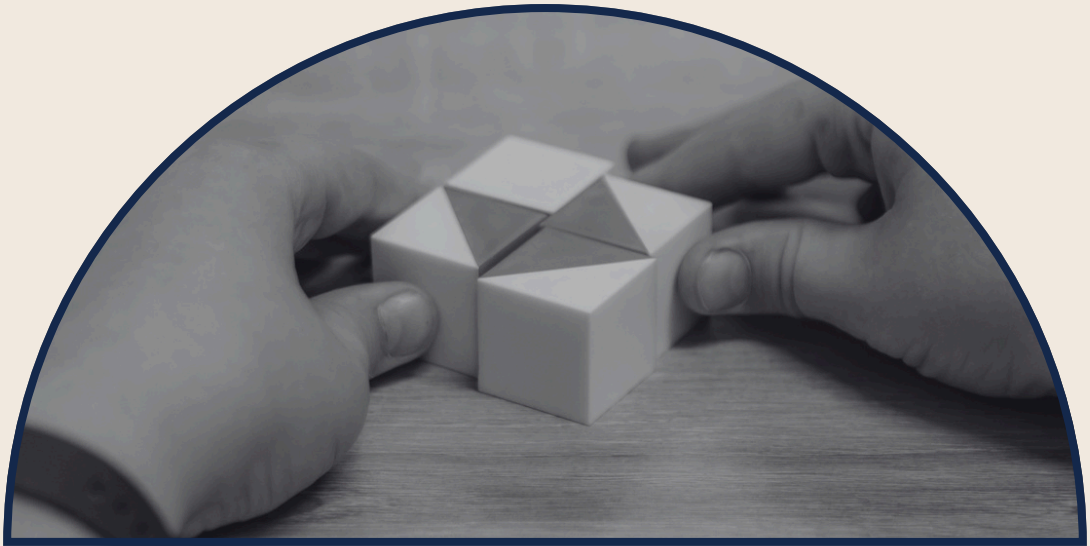
our services

Please note these are guide prices. As each plan is bespoke to each child, depending on their individual needs, the prices may vary. Please discuss this with your clinician and client manager.

Assessments:

Neurodevelopmental Assessment for Autism and/or ADHD	£2200
Speech and Language Assessment	£295
Dyslexia Assessment	£650
Sensory Processing Assessment	£570
Cognitive Assessment	£620
Educational Psychology Assessment	£900
School based Assessment	£460

Please see information regarding our assessment services **here.**





Support Services:

(Per hour with Clinician)

Clinical Psychologist/ Educational Psychologist	£130
Advanced Clinicians	£120
Psychotherapists	£95
Assistant Psychologist	£70
ADHD/ Autism Coach	£70
Speech and Language Therapist	£95
Occupational Therapist	£95

Please see information regarding our support services **here.**

Want to take a look at what a client journey might look like for your child or family? Take a look at the case studies in the following pages.



West Yorkshire

The Old Coach House
Daisy Lane
Holmfirth
HD9 1HS



Derbyshire

8b Hathersage Business Park
Heather Lane
Hathersage
S32 1DP



North Yorkshire

104 High Street
Knaresborough
HG5 0HN



East Riding

St. Marys Court
North Bar Within
Beverley
HU17 8DG

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